

PETERSGATE COUNSELLING CENTRE

Client statistics 2010. Comparative figures for 2009 are shown in brackets.

Number of counselling sessions: **December 501 (486). Full year: 7,983 (7,491)**

Number of new requests for counselling: **December 86 (80). Full year: 1,461 (1,449)**

Happy New Year to you all. I hope you have had an enjoyable and relaxing time over the holiday season.

We celebrated another very successful year with an end of year Christmas function at Petersgate on 22 December. It was an informal, social occasion with our Chairperson Dick Clayton, Director Struan Duthie and Manager Denis Warren thanking everyone for their contributions throughout the year.

During 2010 our dedicated team of professional counsellors conducted a record 7,983 counselling sessions. That is over 420 sessions more than we have conducted in any previous year; an amazing achievement! Our counsellors were very ably supported by a wonderful team of volunteers and our brilliant Administrator Susan Higgins.

During the last quarter of 2010 we were able to respond to the needs of many people struggling with the effects of the September 4 earthquake and the aftershocks. The Boxing Day 'quake was another reminder that we could experience aftershocks for some time to come. Our readers are encouraged to look out for friends and neighbours and suggest they contact a Petersgate counsellor if they are feeling anxious about the 'quakes. Our phone number is 343 3391.

Our plans for this year include successfully completing the upgrade of our premises at 29 Yaldhurst Road. The next step of the process is to obtain building consent from the City Council and we are hopeful of doing that by the end of January. There will be some disruption to our services during the extension and refurbishment work but we are planning for that so as to minimise the inconvenience. It is likely we will use the counselling rooms in 31 Yaldhurst Road, supplemented by a small number of temporary rooms and a temporary administration/reception building.

Thank you to those who supported us during 2010; your support is appreciated. If you would like to consider becoming a Friend of Petersgate please give me a call on 347 4700.

Denis Warren
Manager