

## About Petersgate

Petersgate Trust provides affordable and professional counselling to the community. We respect and look after the needs of everyone, regardless of creed, culture or socio-economic background.

### Affordable Counselling

Fees are subsidised for those earning less than \$60,000 p.a. without access to alternative funding.

Income	Fee	Income	Fee
Less than \$19,999	\$21	\$40,000 - \$49,999	\$72
\$20,000 - \$24,999	\$31	\$50,000 - \$59,999	\$87
\$25,000 - \$29,999	\$41	\$60,000 - \$79,999	\$92
\$30,000 - \$34,999	\$52	\$80,000 and over	\$100
\$35,000 - \$39,999	\$62		



#### Struan Duthie, Director/Senior Counsellor

MEd Counselling, BA, LTh, Dip Ed, MNZAC, MNZCCA

Struan has been Director of Petersgate since its inception 15 years ago, and played a major role in its establishment. He has a special interest in relationships, depression, trauma and youth but works in many areas using a wide variety of techniques. He values compassion and kindness as essential to the counselling relationship.



#### Priscilla Brown, Senior Counsellor

Dip Counselling, MNZAC

Priscilla has worked for many years in social agencies in various roles and is in her 12th year at Petersgate. Priscilla enjoys working with adults of all ages and has a particular interest in relationship issues, grief and stress.



#### Margie Phillips, Senior Counsellor

SRN, Cert Counselling, MNZAC

Margie has a background in nursing. She has been counselling for over 15 years and has been at Petersgate for the last 13 years. She enjoys working with individuals and couples of all ages and has particular experience and interest in relationships, grief and stress.



#### Mary Whalan, Senior Counsellor

MEd Counselling (Distinction), BA, PG Cert Counselling (Counselling Supervision), MNZAC

Mary has a background in reproductive health. She has specific interests in depression, grief and loss, adoption, sexuality and supervision. She uses a variety of approaches including Solution-Focused, Narrative Therapy and Acceptance and Commitment Therapy.



#### Fumiko Wakeham

Dip Counselling, MNZAC

Fumiko is originally from Japan and has lived in New Zealand for more than 15 years. She trained in the Person-Centred approach and can counsel in Japanese as well as in English. She has particular interest in trauma and loss.



#### Annekatrien Verbraek

BA (Social Work), MSc (Psychology), MEd (Counselling)

Annekatrien enjoys working with people of all ages and cultures. Annekatrien uses her understanding of psychology as well as various counselling methods with a base of Solution-Focused Therapy in her sessions.



#### Jacqueline Scott

Dip Gestalt Therapy, MNZAC

Jacqueline has a background in language development and recovery. She supports clients to manage depression, loss and grief and family relationship issues. She has a special interest in working with single parents, bicultural families and adoption.



#### Karey Meisner

MEd Counselling (Distinction), BA (Psych & Criminology), MNZAC, CCA (Cdn)

Karey has a specific interest in people who are experiencing anxiety and depression, stress, men's issues or life adjustments, including new immigrants. He mainly uses a Solution-Focused approach.



#### Anita Koziarski

Dip Counselling, MNZAC

Anita is trained in Person-Centred counselling and enjoys working with individuals and couples of all ages and backgrounds.



#### Barbara Hayman

Dip Counselling, MNZAC

Barbara comes from a background in Anglican pastoral care work and enjoys working with adults of all ages, with a special interest in the over 50's age group. She uses a Person-Centred approach to counselling and Cognitive Behaviour Therapy (CBT) as appropriate.



#### Di Ellis

European Dip Counselling, MNZAC, Member of BACP

Di enjoys working with individuals of all ages and has experience in grief, loss, stress, and life's many changes including living in a new country and living with serious illness. She offers a Person-Centred approach that can be combined with Interactive Drawing Therapy (IDT).



#### Sue Molloy

MEd (Counselling), Dip Teaching, Cert TESOL

This is Sue's 9th year at Petersgate. She has trained in Solution-Focused Brief Therapy and enjoys working with folk of all ages. She has particular interests in multi-cultural counselling and youth work.



#### Gerda De Kleyne

Dip Counselling, MNZAC

Gerda has a gentle, respectful and genuine Person-Centred approach. Gerda is interested in couple counselling, Cognitive Behaviour Therapy (CBT), sex therapy, brief interventions and happiness. Gerda's experience includes 21+ years of Mental Health nursing and HR.



#### Christine Frost

Dip Counselling, MNZCCA

Christine has trained in Person-Centred Therapy. She enjoys working with individuals of all ages drawing on her training, a variety of approaches and life experiences. She works with issues of grief, loss and depression.



#### Lindy Elliot

Dip Gestalt Therapy, PBANZ, MGANZ, RGON

Lindy is a Gestalt therapist and supports people to find meaning from their life experiences. She has a long background working in health, and has experience working with loss and grief.



#### Martin Dorahy

D.Clin Psych, PhD

Martin is a clinical psychologist with an interest in psychological therapy for adult difficulties. His work has been particularly focused on the psychological effects of traumatic stress.



#### Sophie Toutain

BA, Dip Int Com

Sophie is training as a Gestalt therapist. She has experience in telephone counselling and a background in community support. She is passionate about raising self-awareness, enabling empowerment, creative adjustment and growth.



#### Carmen Hazlett

Carmen is currently studying for a Diploma in Counselling using a Person Centred approach. Her counselling experience includes LifeLine telephone counselling and school guidance counselling. Carmen enjoys working with people of all ages, and has a particular interest in working with youth.

**Darren Cuskelly**

BA Social Science, Dip Gestalt Therapy, Dip Social Science, MNZAC, MGANZ

Darren's background is in family and individual counselling and in the fields of disability, child protection and youth mentoring. He uses Narrative, Solution Focused and Gestalt Therapies and is interested in self-awareness, domestic violence and male issues.

**David Cartwright**

PhD (Education Psychology), Dip Counselling, BEng (Electronics/Computing)

David is passionate about learning and relationships. He brings qualities of presence, listening and reflecting to support people to discover their own knowing and resources. David has worked as a lecturer, thinking coach, Lifeline counsellor and researcher.

**Ivan Jones**

BA (Sociology), LTh, Dip Ed, Dip Psych, Adv Dip Teaching

Ivan has a background in teaching, pastoral care and Lifeline counselling. He is currently studying for a Diploma in Counselling using a Person-Centred approach. Ivan works with adults from different age groups, with a particular interest in the over 60's and those dealing with grief and loss.

**Karen Jefferson**

Certificates in Grief Support, Applied Grief Studies and Basic Integrative Counselling Skills and Personal Growth, Dip Counselling, Prov Member NZAC

Based in person-centred training, Karen offers all those who she journeys alongside, a safe and non-judgemental space. Her compassionate interest includes maternity, pregnancy and baby loss, bereavement and grief.

**Vicki Snow**

Certificate in Grief Support

Vicki is currently studying for a Diploma in Counselling using a person-centred approach. She has a background in pastoral care and ten years' experience in workplace support. Vicki walks compassionately alongside others as they discover and develop their own unique potential while tackling life's challenges.

**To Make An Appointment**

- Contact us by phone on (03) 343 3391.
- Our receptionist will take your details and the days and times that are convenient for you.
- You will be added to our waiting list.
- A counsellor will contact you to arrange an appointment.

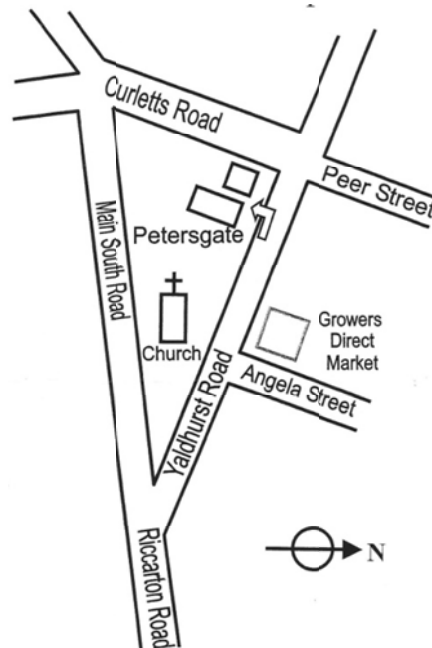
You may indicate a preference for a counsellor but this may result in a longer waiting time for an appointment.

You can also contact us regarding appointments by:

- emailing our office administrator, Susan (administrator@petersgate.org.nz)
- mail
- using the enquiry form on our website
- visiting us in person, or
- fax

Please remember to include your contact details and the times that suit you best to attend counselling. Susan is also available to assist with any problems you may encounter when applying for WINZ funding.

*Team 2011*

**How To Find Us****Petersgate  
Counselling Centre**

Affordable, professional counselling

*P O Box 6088  
29 Yaldhurst Road  
Upper Riccarton  
Christchurch 8042*

*Telephone (03) 343 3391  
Facsimile (03) 343 2934*

*Email: [director@petersgate.org.nz](mailto:director@petersgate.org.nz)  
Website: [www.petersgate.org.nz](http://www.petersgate.org.nz)*